



University of
Strathclyde
Glasgow

STRATHCLYDE SPORT

Student Membership

Join or book online at:

www.strath.ac.uk/strathclydesport



JOIN NOW

www.strath.ac.uk/strathclydesport

160 Cathedral Street

Glasgow G4 0RF

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Why join Strathclyde Sport?

Regular exercise is key to good physical and mental health. Our £31million facility is designed to inspire you. Our highly-qualified staff and vast range of services are here to motivate you.

Whether you want to lose weight, improve your cardio fitness, increase your strength, or develop in your sport, we can help you get the results you are looking for.

What's included?

- Extensive gym with over 180 pieces of state-of-the-art Life Fitness and ESP kit
- Over 72 fitness classes per week including Les Mills classes such as Body Pump
- 25m swimming pool with sauna and steam room
- Two squash courts
- Sports halls bookable for racquet sports, basketball, football and more
- A range of gym services to help you meet your fitness goals
- Wellbeing and support services including our EXHALE online resources
- 'Strathactive' social sport activities (delivered in partnership with the Sports Union)

How much does it cost?

STUDENT	DATES	PRICE
Annual	1 September 2024 – 31 August 2025	£174
Calendar Year Annual	1 January 2025 – 31 December 2025	£174
Semester 1	1 September 2024 - 31 December 2024	£105
Semester 2	1 January 2025 – 31 May 2025	£105
Semester 2 + Summer	1 January 2025 – 31 August 2025	£155
Summer	1 June 2025 – 31 August 2025	£79

Terms and conditions apply. Children (under 16s) may attend with you for £5.80 per activity (pool, squash and sports hall activities). *Proof of eligibility required.

Where do I sign up?

Join online today at www.strath.ac.uk/strathclydesport



Enquiries:

tel 0141 548 2446

email strathclydesport@strath.ac.uk

160 Cathedral Street, Glasgow G4 0RF

Opening hours

Mon-Fri 7am- 10pm

Sat & Sun 9am-6pm

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The University of Strathclyde is a charitable body, registered in Scotland, with registration number SC015263